

Invitation To Online Communion

At Compass our ministry continues, even though our programs are postponed. This coming Sunday we will gather for worship at 10AM online at www.thisiscompass.com, on Facebook and on YouTube. There will be singing, prayer and teaching. Resources for kids will also be available on our website. As part of the service, we are inviting you to join us for a time of communion, which you can do in your home.

Communion Introduction

Through faith in Jesus and because of his finished work of salvation on the cross, we are brought together in a common unity with God and others in the church. Communion is the family meal of the church. Parents, this is a great opportunity to teach your children about this aspect of our worship life and the significance of what Jesus has done for us. Communion (also called the Lord's Supper) is a simple meal of bread and juice/wine that are symbols of Christ's broken body and blood shed for us. We eat this meal together, as Jesus modelled and commanded:

- To remember his loving sacrifice and death, which makes our forgiveness and salvation possible.
- To celebrate his resurrection, which gives us hope and assures us of eternal life.
- To declare that Jesus is coming again to establish God's eternal kingdom, making all things new.

How To Participate In Online Communion

1. Get some juice or wine, bread or crackers (you can use different alternatives that you already have at home, it's the symbol that matters)
2. Before the worship service begins, pour the juice into separate cups and put out the bread in individual servings. If you would like, light a candle as a reminder that Jesus is present and that he is the Light of the World (John 8:12).
3. After our teaching time on Sunday, we will be guided together through the receiving of communion. All you need to do is follow along online individually or as a household.
4. Share with each other. Community is a big part of communion. After taking communion, snap a quick photo and share on your own social media, including a hashtag, #thisiscompass #virtualcommunion #churchonline, tag @thisiscompass or post it to our Compass Facebook page. During the service, in the streaming section, you could also add your own emoji or simply comment "we remember".

References

Scripture: Matthew 26:26-30; Mark 14:22-26; Luke 22:19-20; 1 Corinthians 11:23-29

Book study: *The Meal Jesus Gave Us* by N.T. Wright

Parents: Here is a great resource to offer some guidance for [explaining communion to your children](#), by Phil Vischer creator of *What's in the Bible*.