

NOTES & QUOTES

WEEK ONE | JANUARY 8

PURSUIT

A STUDY IN THE BOOK OF JONAH

DID YOU MISS SUNDAY'S SERVICE?

You can watch all past messages on our YouTube channel
www.youtube.com/@thisiscompass or you can listen to our podcast
at www.thisiscompass.com/podcast.



CONNECT (BUILD RELATIONSHIPS)

1. Did you or a sibling ever run away from home as a child? What happened?
2. Has there ever been a time when you ran from something God was asking you to do? Explain.
3. What are some ways that help us discern when God is calling us to something specific?

THRIVE (EXPLORE BIBLICAL TRUTH)

Read Jonah Chapter 1:1-16 and answer the following questions.

4. What did God tell Jonah to do and why did he run away?
5. Read Genesis 4:16, Job 1:12, and Psalm 139:7-12. What do these verses tell us about Jonah's attempt to avoid God?
6. What was the result of Jonah's disobedience? Have you ever experienced negative outcomes due to disobedience in your own life?

7. Why do you think Jonah was able to sleep despite the raging storm and can you relate it to "spiritually sleeping" as mentioned in Romans 13:11-14?

COMMIT (BE ON MISSION)

8. How does the idea that God pursues you make you feel? Why?
9. In what areas of your life is God currently pursuing you? Are you running or submitting?
10. What is one step you could take this week to head in the direction that you feel God is calling you to walk in?

PAUSE, PONDER & PRAY

"The word of the Lord came to Jonah son of Amittai:
"Go to the great city of Nineveh and preach against it,
because its wickedness has come up before me.""

JONAH 1:1-2